

Recess Specials

We have lots of yummy recess specials that change every few weeks. Prices from approx \$0.50 upwards. Watch the newsletter for new specials!

Confectionery is ONLY on sale at lunch time.

Lunch Orders

Preferred method: you buy a bundle of printed lunch bags \$1.00 / 10 bags and fill in the order. You can order these with the lunches or any time at the canteen.

If you choose to use envelopes, can you please use a separate envelope for each student and remember name, class and correct money.

Change from lunch orders cannot be given at recess.

Only Preps can order frozen food with their order.

Hours

Monday

Wednesday

Friday

Manager

Sheryl Beams

Assistants

Carolyn Westaway (LC)

Liz Cruickshank (SS)

Tricia Bouma (SS)

Valued Volunteers

Contact

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Lower Canteen

Spring Menu

2009

Effective from 12 October 2009



Hot Food

Tomato Sauce (extra).....	\$0.20
Meat Pie.....	\$3.00
Steak, Bacon, Cheese Pie.....	\$3.00
Party Quiche.....	\$1.40
Cheese & Vegie Pastie.....	\$3.20
Sausage Roll.....	\$2.20
Hot Dog plain.....	\$2.50
with Cheese.....	\$3.00
Pizza Single, Cheese & Bacon.....	\$2.20
Macaroni Cheese.....	\$3.00
Fried Rice, with Meat.....	\$3.00
Aussie Beef Burger.....	\$4.00
(beef buger, tomato, lettuce, cheese & tomato sauce)	
BBQ Chicken Twist.....	\$4.00
(2 chicken tenders, lettuce, tomato, bbq sauce in a tortilla)	
Fantastic Noodles Beef/Chicken.....	\$2.20
Dim Sims.....	\$0.70

Wraps

Chicken Wrap.....	\$4.50
(chicken, cheese, avacado, lettuce, mayo)	
Caesar Wrap.....	\$4.50
(egg, bacon, lettuce, sprinkle parmesan & caesar dressing)	

Crispy Salad Deal

Flake Flippers & Salad.....	\$4.50
(3 hot Flake Flippers, 3 hot Vegie Gems, lettuce & pasta salad)	

Sandwiches/Rolls

All wholemeal unless stated otherwise

Toast (extra).....	\$0.50
Salad.....	\$4.00
(lettuce, carrot, cucumber, beetroot & mayo)	
Salad plus Ham/Chicken/Tuna.....	\$4.50
Egg & Lettuce.....	\$3.00
Chicken, Avocado, Mayo.....	\$4.00
Tuna Mix & Lettuce.....	\$3.50
Ham & Cheese.....	\$3.00
Cheese.....	\$2.50

Frozen

Only Preps can order frozen good with their lunch order, all other students can purchase goods at the counter during recess and lunch breaks.

Quelch Fruit Juice Tubes, 70ml.....	\$0.60
Moosies Frozen Milk Tube, 100ml.....	\$1.50
Slushies, 99% Fruit Juice	
Small (100ml).....	\$0.90
Large (200ml).....	\$1.80

Drinks

Big M, 250ml,.....	\$1.50
Chocolate, Strawberry	
Up & Go, 250ml,.....	\$1.70
Chocolate, Banana & Honey	
Just Juice, 200ml.....	\$1.20
Apple, Orange, Paradise Punch, Apple Blackcurrant	
Aroona, 350ml Sparkling Spring Water, 10% Juice...\$1.20	
Raspberry, Cola, Pineapple, Lime, Orange	
Bottled Water, 600ml.....	\$1.50

Snacks

Fruit Salad Cup, Fresh seasonal fruit.....	\$2.50
Choc Chip Cookies.....	\$1.20
Donuts, (Friday only).....	\$1.50
J.J. Crispy Snacks.....	\$1.00
Pirhana Crisps.....	\$1.00
Red Rock Deli Chips 28g.....	\$1.00
Seasalt, Honey Soy	
Various confectionary lines available at Counter, changing frequently, and priced from 5c and up.	