What’s on in April?

*Australian Catholic University Nursing and Health Expo* - Saturday 12 April (see details in this newsletter)

*At Monash Series* (register now at monash.edu/seminars):

- Tuesday 29 April (Caulfield Campus): Architecture
- Wednesday 30 April (Caulfield Campus): Interior Architecture

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RMIT Experience Days 2014

**RMIT University** offers a number of *free* events designed to give students in Years 10, 11 and 12 real experience and insight into life on campus. These *free* events will run between Monday 30 June – Friday 4 July, during the school holidays, plus a special October Experience Project Management Day. Although these activities are still a few months away, students are encouraged to register early as numbers are limited.

The following ‘Experience Days’ include -
Focus on an occupation:

**Difference between Nutritionist and Dietitian**

*Dietitians and nutritionists are both food and nutrition experts.*

**Nutritionists** study and provide advice about dietary habits to encourage the achievement of a healthy lifestyle.

Nutritionists may perform the following tasks:

- consult with individuals, and groups, including sportspeople, about their dietary habits and assess potential nutritional deficiencies
- prescribe diet plans based upon the assessment of nutritional needs
- liaise with other health professionals about nutrition, including controlled diets for people with special needs
- monitor clients’ progress and quality of food to provide ongoing nutritional care
- collect, organise and analyse data relating to the health and nutrition behaviours of specific groups and the population as a whole
- plan, conduct and evaluate nutrition intervention programmes and compile educational material

Nutritionists may have a high level of contact with the public. To become a nutritionist students usually have to study nutrition, science or applied science at university with a major in nutrition.
Student membership is available with Nutrition Australia or the Nutrition Society of Australia. For more information, visit http://www.nsa.asn.au/.

Dietitians apply the art and science of human nutrition to help people understand the relationship between food and health, make healthy dietary choices and prevent and treat illness and disease. Dietitians may perform the following tasks:

- collect, organise and assess data relating to the health and nutritional status of individuals, groups and communities
- interpret and communicate scientific information, advice, education and professional opinion to individuals, groups and communities
- manage nutrition care for individuals by planning appropriate diets and menus
- educate people about their individual nutritional needs and methods of accessing and preparing their food
- manage food service systems to provide safe and nutritious food by designing nutritionally appropriate menus and implementing nutrition policies
- plan, evaluate and implement nutrition programmes with individuals, groups or communities as part of a team (this may be in a community health, public health or food industry setting)
- often work in food service or as part of medical teams in hospitals, clinics and other healthcare facilities
- conduct food-related and nutrition-related research and evaluate practice

Dietitians may also generally have a high level of contact with the public. To become a dietitian students usually have to study a degree in dietetics accredited by the Dietitians Association of Australia. For more information visit www.daa.asn.au.

So therefore, in Australia, all dietitians are considered to be nutritionists however, nutritionists without a dietetics qualification cannot take on the specialised role of a dietitian.

Victorian universities offering courses in nutrition, food science and/or dietetics include: (Course Matrix)
<table>
<thead>
<tr>
<th>University</th>
<th>Program</th>
<th>Units 3 and 4: study score requirements</th>
<th>Score (Location)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Deakin University</td>
<td>Food &amp; Nutrition Sciences</td>
<td>Units 3 and 4: a study score of at least 30 in EAL or at least 25 in any other English</td>
<td>73.8 (Melbourne)</td>
</tr>
<tr>
<td>Federation University Australia</td>
<td>Food &amp; Nutritional Sciences</td>
<td>Units 1 and 2: satisfactory completion in two units (any study combination) of any Mathematics or Units 3 and 4: any Mathematics</td>
<td>39.55 (Mount Helen)</td>
</tr>
<tr>
<td>La Trobe University</td>
<td>Healthy Sciences/Dietetic Practice</td>
<td>Units 3 and 4: a study score of at least 30 in EAL or at least 25 in any other English; and a study score of at least 25 in two of Biology, Chemistry, any Mathematics, Physical Education or Physics.</td>
<td>93.25 (Melbourne)</td>
</tr>
<tr>
<td></td>
<td>Human Nutrition</td>
<td>Units 3 and 4: a study score of at least 30 in EAL or at least 25 in any other English; and a study score of at least 25 in two of Biology, Chemistry, any Mathematics, Physical Education or Physics.</td>
<td>73.35 (Melbourne)</td>
</tr>
<tr>
<td>Monash University</td>
<td>Nutrition &amp; Dietetics</td>
<td>Units 3 and 4: a study score of at least 35 in EAL or at least 30 in any other English; and a study score of at least 30 in Chemistry.</td>
<td>89.75 (Clayton)</td>
</tr>
<tr>
<td></td>
<td>Nutrition Science</td>
<td>Units 3 and 4: a study score of at least 35 in EAL or at least 30 in any other English; and a study score of at least 25 in Chemistry.</td>
<td>76.00 (Clayton)</td>
</tr>
<tr>
<td>RMIT University</td>
<td>Food Technology &amp; Nutrition</td>
<td>Units 3 and 4: a study score of at least 30 in EAL or at least 25 in any other English; and a study score of at least 20 in any Mathematics</td>
<td>62.25 (City)</td>
</tr>
<tr>
<td></td>
<td>Food Technology/Engineering - Chemical</td>
<td>Units 3 and 4: a study score of at least 30 in EAL or at least 25 in any other English; and a study score of at least 20 in Chemistry; and a study score of at least 20 in one of Maths: Mathematical Methods (CAS) or Maths: Specialist Mathematics.</td>
<td>84.05 (City)</td>
</tr>
<tr>
<td>Victoria University</td>
<td>Nutrition, Food &amp; Health Sciences</td>
<td>Units 3 and 4: a study score of at least 25 in EAL or at least 20 in any other English</td>
<td>52.15 (St Albans/Werribee)</td>
</tr>
<tr>
<td></td>
<td>Nutritional Therapy</td>
<td>Units 3 and 4: a study score of at least 25 in EAL or at least 20 in any other English</td>
<td>57.65 (St Albans)</td>
</tr>
</tbody>
</table>
The Australian College of Nursing (ACN) & Health Expo 2014

ACN is excited to be hosting the 16th annual Nursing and Health Expos in 2014. Established in 1999, the ACN Nursing and Health Expos are the only event specifically dedicated to enhancing the profile of nursing as a profession and hence promote recruitment to and retention of the nursing and midwifery workforce. The 2014 expo series will showcase a range of educational institutions, healthcare providers, specialty nursing groups as well as equipment and lifestyle options.

Attendees will have an opportunity to –

- meet a range of nursing and health organisations
- explore career pathways
- find out about educational opportunities
- visit our free educational seminars for up-and-coming nurses
<table>
<thead>
<tr>
<th>UNIVERSITY</th>
<th>VCE PREREQUISITE SUBJECTS</th>
<th>± ATAR FOR 2014 ENTRY</th>
</tr>
</thead>
<tbody>
<tr>
<td>Australian Catholic University</td>
<td><strong>Midwifery</strong> (30 in EAL or 25 in English)</td>
<td>78.05 (M)</td>
</tr>
<tr>
<td></td>
<td><strong>Nursing</strong> (30 in EAL or 25 in English)</td>
<td>73.00 (M), 58.65 (Ba)</td>
</tr>
<tr>
<td></td>
<td><strong>Nursing (Mental Health)</strong> (30 in EAL or 25 in English)</td>
<td>58.75 (M), n/a (Ba)</td>
</tr>
<tr>
<td></td>
<td><strong>Nursing/Business Administration</strong> (30 in EAL or 25 in English)</td>
<td>58.95 (M)</td>
</tr>
<tr>
<td></td>
<td><strong>Nursing/Paramedicine</strong> (30 in EAL or 25 in English)</td>
<td>61.25 (Ba)</td>
</tr>
<tr>
<td>Charles Sturt University</td>
<td><strong>Nursing</strong> (no prerequisite subjects)</td>
<td>70.00 (AW)</td>
</tr>
<tr>
<td>Deakin University</td>
<td><strong>Nursing</strong> (30 in EAL or 25 in English)</td>
<td>67.75 (M), 54.85 (G), 50.00 (W)</td>
</tr>
<tr>
<td></td>
<td><strong>Nursing/Midwifery</strong> (30 in EAL or 25 in English)</td>
<td>85.45 (M), 77.35 (G), 59.35 (W)</td>
</tr>
<tr>
<td></td>
<td><strong>Nursing/Psychological Science</strong> (30 in EAL or 25 in English)</td>
<td>70.15 (M), 55.15 (G), n/a (W)</td>
</tr>
<tr>
<td></td>
<td><strong>Nursing/Public Health &amp; Health Promotion</strong> (30 in EAL or 25 in English)</td>
<td>68.15 (M)</td>
</tr>
<tr>
<td>Federation University of Australia</td>
<td><strong>Nursing</strong> (Units 1 and 2: satisfactory completion in two units (any study combination) of any Mathematics; and Units 3 and 4: a study score of at least 20 in one of Biology, Chemistry, Health And Human Development, Physics or Psychology; and a study score of at least 25 in any English)</td>
<td>36.95 (H), 38.55 (Mt H)</td>
</tr>
<tr>
<td></td>
<td><strong>Nursing Practice</strong> (Units 1 and 2: satisfactory completion in two units (any study combination) of any Mathematics; and Units 3 and 4: a study score of at least 20 in one of Biology, Chemistry, Health And Human Development, Physics or Psychology; and a study score of at least 25 in any English)</td>
<td>44.65 (Gi)</td>
</tr>
<tr>
<td></td>
<td><strong>Nursing Practice/Midwifery</strong> (Units 1 and 2: satisfactory completion in two units (any study combination) of any Mathematics; and Units 3 and 4: a study score of at least 20 in one of Biology, Chemistry, Health And Human Development, Physics or Psychology; and a study score of at least 25 in any English)</td>
<td>79.80 (Gi)</td>
</tr>
<tr>
<td>Holmesglen Institute</td>
<td><strong>Nursing (Degree)</strong> (Units 1 and 2: satisfactory completion in one of General Mathematics or Maths: Mathematical Methods (CAS) CBE or Units 3 and 4: any Mathematics; and a study score of at least 25 in any English)</td>
<td>n/a (Mo)</td>
</tr>
<tr>
<td>La Trobe University</td>
<td><strong>Nursing</strong> (30 in EAL or 25 in English)</td>
<td>66.40 (M), 51.80 (AW), 53.65 (B), 54.65 (S), 50.90 (Mi)</td>
</tr>
<tr>
<td></td>
<td><strong>Nursing/Midwifery</strong> (30 in EAL or 25 in English)</td>
<td>77.15 (M)</td>
</tr>
<tr>
<td>Monash University</td>
<td><strong>Nursing</strong> (Units 1 and 2 general maths or maths methods, or Units 3 and 4 maths (any), 30 in EAL or 25 in English)</td>
<td>75.15 (C), 71.15(P)</td>
</tr>
<tr>
<td></td>
<td><strong>Nursing (Community Health)</strong> (Units 1 and 2 general maths or maths methods, or Units 3 and 4 maths (any), 30 in EAL or 25 in English)</td>
<td>n/a (Ber)</td>
</tr>
<tr>
<td></td>
<td><strong>Nursing/Emergency Health</strong> (25 in Units 3 and 4 maths (any), 30 in EAL or 25 in English)</td>
<td>91.05 (P)</td>
</tr>
<tr>
<td></td>
<td><strong>Nursing/Midwifery</strong> (Units 1 and 2– two units (any study combination) from general mathematics or mathematical methods (CAS), or Units 3 and 4–mathematics (any). Units 3 and 4–a study score of at least 30 in English (EAL) or 25 in any other English)</td>
<td>83.10 (P)</td>
</tr>
<tr>
<td>RMIT University</td>
<td><strong>Nursing</strong> (Units 1 and 2 maths (any), or units 3 and 4 mathematics (any), 30 in EAL or 25 in English)</td>
<td>60.35 (Bu)</td>
</tr>
<tr>
<td>Victoria University</td>
<td><strong>Midwifery</strong> (Units 1 and 2—mathematics (any). Units 3 and 4—a study score of at least 25 in English (any) and a study score of at least 20 in one of biology, chemistry, H&amp;HD, mathematics (any), physics or psychology)</td>
<td>61.50 (St A)</td>
</tr>
<tr>
<td></td>
<td><strong>Nursing</strong> (Units 1 and 2—mathematics (any). Units 3 and 4—a study score of at least 25 in English (any) and a study score of at least 20 in one of biology, chemistry, H&amp;HD, mathematics (any), physics or psychology)</td>
<td>55.15 (St A)</td>
</tr>
</tbody>
</table>

Course matrixes are also available in the careers room for the following occupations areas:

Law
Psychology
Criminology

Please email Mrs Koole at akoole@mece.vic.edu.au if you would like her to email you one.

A message from Youth Disability Advocacy Services

“I am coordinating a community radio show project involving young people with and without disabilities. We are looking for six new young people who might want to join the broadcasting team.”

Are you a young person (12-25)?

Want to discuss issues that matter?

Be part of Raise the Platform – a disability advocacy radio program on SYN FM.

Raise The Platform is looking for six new young people with and without disabilities to join the broadcasting team! To find out more or to apply, visit this link:


Applications close Friday 28th March at 5pm! Please share amongst your networks!

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Madeleine Sobb

YDAS Project Officer
Youth Disability Advocacy Service
Youth Affairs Council of Victoria

Level 2, 180 Flinders Street,
Melbourne 3000
Email: ydasprojects@yacvic.org.au
Phone: 03 9267 3712
TTY: 1800 555 630 then request (03) 9267 3766
Fax: (03) 9639 1622

www.ydas.org.au
Trinity College invites secondary students to the Young Leaders Programs

2014 is going to be a very exciting year for Young Leaders.

In July this year, Trinity College will be running a Biomedicine Stream for the first time. In this stream, students will explore the world of medicine and medical research including genetics, human physiology and human structure and function. Students will perform dissections, and visit the genetics laboratories at The University of Melbourne.

They will also run the very popular Commerce Stream – students will explore the fields of accounting, business, economics, finance, management and marketing.

Also in July, the Arts Stream will explore Arts majors such as psychology, media and communications, and Fine Arts, which looks at a diverse range of art forms, including performance art, visual art, movement and music.

The Social Justice Stream is ideal for students looking to develop leadership skills associated with grassroots movements for social justice, such as equality, democracy and transformation in young people.

Trinity College is looking for students aged between 14 and 17, who would like a taste of university life to join the programs in either July or December. Each year Trinity welcomes more than 300 students from around the world to inspire, increase confidence and guide students on a pathway to tertiary education.

Students are able to choose an academic stream – all of which align with the University of Melbourne’s undergraduate degrees to give students an idea what they might want to study in the future. During the July intake students can choose a one-week module or combine two programs to create a fantastic two-week experience. Or, in December, students immerse themselves in one academic stream for the entire two weeks.

Program Dates
July Week 1: 29 June-6 July
July Week 2: 6–13 July
December: 30 November-14 December

More info
Sue Karzis, Director of Young Leaders
+ 61 3 9348 7486
trinityinstitute@trinity.unimelb.edu.au
Melbourne School of Engineering, the University of Melbourne is running a Computer Programming Competition for high school students on campus and online on the 24th April, 2014.

The senior school can enter two teams (of 2 students).

Please email or see Mrs Koole if you are interested.