Dear Parents,

This term in Health we are focussing on the changes that Year 7’s will experience over the course of the year. Over the past few weeks, we have been focussing on the changes associated with moving into Secondary School, including timetables, subjects, peers and teachers. This has also included helping students develop organisation and homework habits.

Over the coming weeks, students will be learning about the physical changes that occur during puberty and why they happen. This will include both physical and emotional changes to boys and girls, with explanations of anatomy and correct terminology of male and female reproductive systems and menstruation. Sexual intercourse, pregnancy and related issues are dealt with in our Year 8 Health Program.

The content to be covered is in keeping with the requirements of the Australian Curriculum. These ideas/issues/concepts will be delivered with sensitivity and in line with the values of MECS over a period of 3-4 weeks.

We wanted to highlight what we are covering in class, to give you the opportunity to continue the conversation at home.

We will be utilising materials sourced through Choicez Media. Their website [http://www.choicez.com.au](http://www.choicez.com.au) is very accessible if you are interested in checking out some excerpts of the resources we will be using.

If you have any queries or feel that you may need to share sensitive information regarding your own child, please feel free to contact your child’s Health teacher.

Blessings,

Mrs Nicky Joiner, Mrs Sue de Pyle, Mrs Sharon Witt

*Year 7 Health Teachers*