

VCE AFL/Netball Day
Monday, August 7

Tuesday August 1, 2017

Dear Parents,

Your child, has been selected to represent Mount Evelyn Christian School at the VCE Netball Day on **Monday August 7**. It is very easy to neglect physical activity in these final years of school but it is important to have a good balance of study and physical activity.

The competition will be conducted over the full day with students competing in a number of matches. Sandra Knoll and Kathy Vale will be attending with the girls and Luke Knoll with the boys.

Date: Monday August 7

Time: **Senior School office at 9am.** Students will return by 3:30pm in time for buses.

Venue: Greaves Reserve, Dandenong

What to Bring: Lunch, drink bottle, snacks

Change of clothes, and a warm jacket

Students with asthma, please make sure you remember your medication.

What to Wear: Students must wear their **green MECS Sports T-Shirt and black shorts.**

NO JEANS or jewellery to be worn on the day.

There is a café at the venue so students should bring **money** if they wish to purchase items, however only deep fried and snack food items will be available.

Please contact me via email lknoll@mecs.vic.edu.au if you have any questions or concerns regarding your child's involvement in this activity.

Kind Regards,

Luke Knoll
Senior School Sport Coordinator